

## PRE- PROCEDURE CARE

Congratulations on booking your Microblading appointment!! Below, I have a list of Pre-Procedure care that each Client must follow to ensure the best results and to be as complication free as possible during and after your appointment.

If possible, do not take Aspirin or other blood thinners 5-7 days before the procedure to prevent bleeding and flushing out pigment. Non-Aspirin pain reliever may be taken up to one hour prior to the procedure. **DO NOT DISCONTINUE ANY MEDICATIONS THAT ARE PRESCRIBED BY A PHYSICIAN OR WHICH ARE NECESSARY FOR YOUR HEALTH.**

2. If you are pregnant we will not be able to Microblade you and you will be rescheduled.
3. Avoid alcohol and **ANY** caffeine 24 hours prior to the procedure to prevent bleeding.
4. If you have a condition that requires you to take antibiotics before a dental visit, you must check with your doctor to determine if antibiotics are needed for permanent cosmetics.
5. Hair removal before your appointment is not recommended. I like to see how your eyebrows naturally grow so the microblading blends seamlessly.
6. Botox and skin plumping injections such as Restylane may alter the shape of your permanent cosmetics. You must wait at least 2 weeks before or after getting microblading.
7. Skin treatments such as Retin-A or Glycolic Acid thin the skin and **MUST** be discontinued 30 days prior to your procedure.
8. Accutane users must be **OFF** Accutane for **ONE** year.
9. Microblading cannot be performed over fresh sunburns, including ones from tanning beds or natural light. **YOU WILL BE RESCHEDULED IF YOU COME IN WITH A SUNBURN.**
10. Bring in photos of brows you like so I can get a good idea of what you want in your appointment. You can also come with your brow makeup done so I can see what you're used to seeing each day.